

2025 Port Stanley Memorial Tournament Rules and Regulations

1. This is an OMHA sanctioned tournament. All teams must be registered with the OMHA or its affiliates.
2. This is a NO BODY CONTACT tournament.
3. All OMHA Rules and Regulations apply to tournament games.
4. Home team will wear light coloured jerseys and visitor team will wear dark.
5. All referee decisions are final.
6. Any major penalties are subject to OMHA suspensions, as found in the OMHA rule book.
7. Any “fighting” major or “head-check” major will mean automatic suspension from the remainder of the tournament.
8. Registration is 45 minutes prior to your first game. Approved rosters can be uploaded using the GameSheet website prior to arriving at the tournament.
9. Please be ready to play each game up to 15 minutes ahead of your scheduled game time, as we will move ahead of schedule if we can. There will be a 2-minute warm-up on ice prior to the start of the game.
10. GameSheet information must be completed prior to the start of the game.
11. All teams are guaranteed 3 games.
12. All games will be 10-10-10 stop time. If there is a goal difference of FIVE or more, the third period will be run time. At this time, penalties will be 3 minutes and also be run time. If the score returns to a THREE goal difference, stop time will resume.
13. No round-robin games will go to overtime. These games will end as a tie.
14. There are no time-outs allowed in round-robin games. Teams playing in elimination games are allowed ONE time out each.
15. Teams earn TWO points for a win, ONE point for a tie and ZERO points for a loss.
16. Ties in the standings after round-robin games will be broken using the following criteria. For TWO tied teams:
 - Head-to-head result.
 - Most wins.
 - Best goal average from all round-robin games using formula: $\frac{\text{total goals scored}}{\text{total goals scored and allowed}}$
 - Highest Plus/Minus using formula: Total Goals For – Total Goals Against
 - Fewest goals against
 - Least number of penalty minutes.
 - Coin flip.
 - For THREE or more tied teams, the same tie-breakers are used starting at “most wins”

17. Overtime rules for semi-final and final games:

- FIVE minute 3-3 sudden victory overtime period
 - If a penalty is called, the player will serve it, but the power play will be 4-3. The offending player returns to the ice to create 4-4 until the next whistle, then return to 3-3.
- If the game is still tied after the five-minute overtime, a THREE player per team shootout will occur (players from both teams will shoot simultaneously).
- If the game is still tied after the three player shootout, the shootout will continue with ONE player from each team until a winner is determined (each additional shooter must NOT have previously shot until all players have shot).