



<u>Defensive Zone</u>		<u>Offensive Zone</u>	
RW	man-2-man on Left Def	RW	screen the goalie
C	man-2-man on Centre	C	right side of offensive zone
LW	man-2-man on Right Def	LW	left side of offensive zone
LD	from corner to front of net	LD	pinch up the boards
RD	from corner to front of net	RD	pinch up the boards